



MEIDAM  
— House of Dermatology —

# Scientific Program

# First Day - Conference

4<sup>th</sup> October, 2018 - Thursday

Halls A & B

07:00 - 08:30	Registration	
08:30 - 08:40	Welcome speech by the conference chairman	Khaled Al Nuaimi
08:40 - 10:15	Session 1	
Chairpersons:	Mohammed Abdullah Taha, Ashraf Badawi, Khaled Turki, Faiez Ghanam	
08:40 - 09:00	Picosure laser in the treatment of different skin disorders	Mohammed Al Malmi
09:00 - 09:20	Laser depigmentation and new updates in treating vitiligo patients	Faiez Ghanam
09:20 - 09:40	Do we really need a picosecond laser?	Ashraf Badawi
09:40 - 10:00	Laser and related techniques: when things go wrong!	Khaled Turki
10:00 - 10:15	Q&A	
10:15 - 10:45	Opening Ceremony	
10:45 - 11:15	Coffee Break	

## Hall A

11:15 - 13:15	Session 2	
Chairpersons:	Aisha Al Qutami, Abdullah Al khalifah, May El Samahy, Reem El Bahtimi	
11:15 - 11:35	Photodynamic facial rejuvenation: could it be effective and affordable?	May El Samahy
11:35 - 11:55	The application of microbiota in dermatology	Hamlaoui M. Rachid
11:55 - 12:15	Treatment of severe alopecia areata	Thamer Mubki
12:15 - 12:35	Alopecia areata update	Abdullah Al Khalifah
12:35 - 12:55	The Differential diagnosis of "Invisible Dermatoses"	Reem El Bahtimi
12:55 - 13:15	Updates in atopic dermatitis	Husain Juma
13:15 - 14:00	Lunch Break	
14:00 - 15:55	Session 3	
Chairpersons:	Hassan El Husainy, Hamlaoui M. Rachid, Mohammed Amer, Mohammad Tawara	
14:00 - 14:20	Neutrophilic dermatoses and management of difficult cases	Abla Al Ismaili
14:20 - 14:40	Emerging biologics in dermatology	Mohammad Tawara
14:40 - 15:00	Management of the chronic spontaneous urticaria, what's the news?	Hamlaoui M. Rachid
15:00 - 15:20	Neutrophilic dermatosis of the dorsal hand: revisited with two decades of experience	Mohammad Tawara
15:20 - 15:40	Contact dermatitis and patch testing	Aisha Al Ali
15:40 - 15:55	Q&A	
15:55 - 16:05	Coffee Break	
16:05 - 18:00	Session 4	
Chairpersons:	Adil A. Noaimi, Mostafa M. Omar, Mahran Ashour, Michel Delune	
16:05 - 16:25	Complications from chemical peelings	Michel Delune
16:25 - 16:45	Photo-protective Effects of Topical Selenium	Mostafa M. Omar
16:45 - 17:05	New hope for treatment of acute cutaneous Leishmaniasis by Oral Zinc Sulfate and Oral Ketocanazole	Adil A. Noaimi
17:05 - 17:25	How to improve your dermatology practice	Husain Juma
17:25 - 17:45	How to manage your practice and create the perfect environment for your patients	Mahran Ashour
17:45 - 18:00	Q&A	

# First Day-Conference

4<sup>th</sup> October, 2018 - Thursday

Hall B

## 11:15 - 13:15 Session 5

**Chairpersons:** Saqer Al Mualla, Amr Rateb, Matt Stefanelli, Michel Delune

11:15 - 11:35	A half century history of aesthetic medicine	Michel Delune
11:35 - 12:35	Anatomy for face aesthetics	Matt Stefanelli
12:35 - 12:55	Practical and affordable aesthetic techniques	Amr Rateb
12:55 - 13:15	Facial skin aging reversed with antiglycation and antioxydants cosmetics Q&A	Jaime Piquero Casals Sponsored by ISDIN

## 13:15 - 14:00 Lunch Break

## 14:00 - 15:55 Session 6

**Chairpersons:** Abdullah Al Eisa, Abdullah Al Taie, Medhat Abdel Malek

14:00 - 14:45	Anatomy for vulvo-vaginal aesthetics	Matt Stefanelli
14:45 - 15:00	Q&A	
15:00 - 15:20	Personal Cell Therapy, From Aesthetics to Therapeutics: A New Era of Medicine	Mark Berman
15:20 - 15:40	Fillers complications	Medhat Abdel Malek
15:40 - 15:55	Q&A	

## 15:55 - 16:05 Coffee Break

## 16:05 - 18:20 Session 7

**Chairpersons:** Hassan El Husainy, Mohamed Abozeid, Saleha Al Dawsari, Saad Al Ajan

16:05 - 16:25	Science of filler	Saad Al Ajan
16:25 - 16:45	Classification of Tenenbaum for chemical peels: a new classification	Alain Tenenbaum
16:45 - 17:05	Agarose Gel: Current And Future Use In A New Study On Tissue Volume. Preliminary Results	N. Scuderi- Roma Sponsored by MEDWAY
17:05 - 17:25	Neck Rejuvenation	Mohamed Abozeid
17:25 - 17:45	Aesthetic gynaecology, the Truth and myth about the latest non-surgical Trends	Sherif Wakil
17:45 - 18:05	Role of clinicopathologic correlation in the Practice of Clinical Dermatology	Saleha Al Dawsari
18:05 - 18:20	Q&A	

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# First Day - Workshops

4<sup>th</sup> October, 2018 - Thursday

Al Amwaj Hall | Hall C

11:15 - 12:00	Workshop 1	Company Sponsored	
11:15 - 12:00	The art of face and body contouring Q&A		<b>Piero Crabai</b> Sponsored by BioScience
12:00 - 13:00	Workshop 2	Company Sponsored	
12:00 - 13:00	Pyramid Facelift, using new technology of DMA Q&A		<b>Asraf Badawi</b> Sponsored by OGM
13:00 - 14:00	Lunch Break		
14:00 - 14:45	Workshop 3	Company Sponsored	
14:00 - 14:45	Innovative approach for face and body rejuvenation based on Amino Acids Replacement Therapy		<b>Evgeniya Shelemba</b> Sponsored by MEDWAY
15:00 - 15:45	Workshop 4	Company Sponsored	
15:00 - 15:45	Enhancing facial features using a novel hyaluronic acid filler		<b>Rolf Bartsch</b> Sponsored by MERZ
16:00 - 16:45	Workshop 5	Company Sponsored	
16:00 - 16:45	Calcium Hydroxylapeptide injection for Jawline contouring		<b>Rolf Bartsch</b> Sponsored by MERZ

Al Majlis Hall | Hall D

11:15 - 12:00	Workshop 6	Company Sponsored	
11:15 - 12:00	The First Effective Skin Therapy with Non-Invasive Fractional Transbrasion Microneedling Technology Q&A		<b>Ashraf Badawi</b> Sponsored by MEDWAY
12:15 - 13:00	Workshop 7	Company Sponsored	
12:15 - 13:00	360° Facial Rejuvenation: Treatment Synergies & Multiplication of results		<b>Gabriel Ayala</b> Sponsored by Kalium
13:00 - 14:00	Lunch Break		
14:00 - 14:45	Workshop 8	Company Sponsored	
14:00 - 14:45	Microbiome and its role in skin Pathologies Q&A		<b>Khaled Al Nuaimi</b> Sponsored by La Roche-Posay
15:00 - 15:45	Workshop 9		
Chairpersons:	Hussain Juma, Ahmed Al Dhaheri		
15:00 - 15:45	Surgical solutions for vitiligo Q&A		<b>Saad Al Talhab</b>
16:00 - 16:45	Workshop 10		
Chairpersons:	Fatma Al Balushi, Ibrahim Al Aradi		
16:00 - 16:45	New techniques for treating hair loss Q&A		<b>Abdullah Al Khalifah</b>
17:00 - 17:45	Workshop 11		
Chairpersons:	Namir Shehade, Hussain Juma		
17:00 - 17:45	How to approach a patient with a hair loss Q&A		<b>Ibrahim Al Aradi</b>

# Second Day - Conference

5<sup>th</sup> October, 2018 - Friday

Hall A

07:30 - 08:40	Registration	
08:40 - 09:00	Session 8	
Chairpersons:	Adil Hamed Bashir, Ahmed Al Dhaheri, Reem El Bahtimi, Ahmed Al Issa	
08:40 - 09:00	Clinical course of bullous pemphigoid patients with unique seropositivity to bullous pemphigoid antigen II	Ahmed Al Dhaheri
09:00 - 09:20	Challenging Cases, The UAE Experience	Reem El Bahtimi
09:20 - 09:40	Clinicoepidemiological study of cutaneous manifestations of diabetes mellitus in Jabir Abu ElizDiabetic Center in Khartoum, Sudan	Adil Hamed Bashir
09:40 - 10:00	Phototherapy beyond text books	Ahmed Al Issa
10:00 - 10:10	Q&A	
10:10 - 10:25	Coffee Break	
10:25 - 12:05	Session 9	
Chairpersons:	Sameer Al Ali, Ahmed Al Qahtani, Sami Al Suwaidan, Ahmed Al Issa	
10:25 - 10:45	Regenerative medicine: facts or fictions	Ahmed Al Qahtani
10:45 - 11:05	Patients with vitiligo are immune against skin malignancy and infections	Adil A. Noaimi
11:05 - 11:25	New updates in using CO2 laser for repigmenting vitiliginous areas	Faiez Ghanam
11:25 - 11:45	Surgical solutions for vitiligo	Saad Al Talhab
11:45 - 12:05	Tips in vitiligo	Ahmed Al Issa
12:05 - 14:00	Friday Prayer & Lunch Break	
14:00 - 15:30	Session 10	
Chairpersons:	Muna Al Murrawi, Mona Yousif, Suleiman Al Hammadi, Khalifa Sharquie	
14:00 - 14:20	Atopic dermatitis: Allergist point of view	Suleiman Al Hamadi
14:20 - 14:40	Complication in dermatology through cases	Muna Al Murrawi
14:40 - 15:00	New Pearls in Skin Surgery and Cosmetology	Khalifa Sharquie
15:00 - 15:20	Tongue necrosis after Hyaluronic acid injection	Du Jun-Feng
15:20 - 15:30	Q&A	
15:30 - 15:45	Coffee Break	
15:45 - 18:00	Session 11	
Chairpersons:	Zbigniew Ruszczak, Saad Al Ajlan, Fatma Al Madani, Mohammad Tawara	
15:45 - 16:05	Vascular anomalies: overview and update	Saad Al Ajlan
16:05 - 16:25	Nose Volumeplasty	Khalifa Sharquie
16:25 - 16:45	Optimizing off-label use of Imiquimod in dermatology: a decade of clinical experience	Mohammad Tawara
16:45 - 17:05	The clinical application of osteotomy for polydactyly	Riliang Cao
17:05 - 17:25	Updates on treatment of ichthyosis and ichthyosiform diseases	Mazen Kurban
17:25 - 17:45	Secondary rhinoplasty. Fillers or operation?	Mucio Porto
17:45 - 18:00	Q&A	

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# Second Day - Conference

5<sup>th</sup> October, 2018 - Friday

Hall B

## 08:20 - 09:50 Session 12

**Chairpersons:** Hischem Bensmail, Alain Tenenbaum, Du Jun-Feng

**08:20 - 08:40** The Individualized Needle-Hub Threading: Developing a Systemic Approach to High-Risk Facial Rejuvenation **Wen Hsien Ethan Huang**

**08:40 - 09:00** The Use of Fillers (Hyaluronic Acid) in Aesthetic Gynaecology **Rashad Haddad**

**09:00 - 09:20** Total intimate rejuvenation: model of multidisciplinary clinic collaboration Dermatologist, Gynecologist, Endocrinologist : how to work together? **Hischem Bensmail**

**09:20 - 09:40** Bingo Wings (Arm Lift) treatment with Endopeel **Alain Tenenbaum**

**09:40 - 09:50** Q&A

## 09:50 - 10:00 Coffee Break

## 10:00 - 12:00 Industry Symposiums

**10:00 - 11:00** Cellfina: The game changer in Cellulite treatment injection **Rolf Bartsch**  
Sponsored by MERZ

**Chairperson:** Fatima Al Breiki

**11:00 - 11:30** Psoriatic Arthritis: Role of IL-17 inhibitors in a dermatological setting **Hussein Abdel Dayem**  
Sponsored by Lilly

**11:30 - 12:00** Creating the Natural Look with RHA range **Mark Posselt**  
Sponsored by Aramed

## 12:00 - 14:00 Friday Prayer & Lunch Break

## 14:00 - 15:45 Industry Symposiums

**Chairperson:** Khaled Al Nuaimi

**14:00 - 14:30** 5 years and On: Long-term experience with IL-17A **Fatima Al Breiki**  
Sponsored by Novartis

**14:30 - 15:00** Update in the Management of Atopic Dermatitis in Adults **Ashraf Reda**  
Sponsored by Sanofi

**15:00 - 15:45** Different approaches to help you personalize your Mid Face treatments **Ishaan Ramkisson**  
Sponsored by Galderma

## 15:45 - 16:00 Coffee Break

## 16:00 - 17:00 Industry Symposium

**16:00 - 16:45** CoolSculpting: A GateWay to the Era of Body Contouring **Lana Kashlan**  
**16:45 - 17:00** Q&A **Sponsored by Allergan**

## 17:00 - 17:45 Session 13 - Workshop

**Chairpersons:** Saad Al Talhab, Ahmed Abu Sharia

**17:00 - 17:45** What is new in laser? **Ahmed Al Issa**

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# Second Day - Workshops

5<sup>th</sup> October, 2018 - Friday

Al Amwaj Hall | Hall C

10:00 - 10:45	Workshop 12	Company Sponsored	
10:00 - 10:45	Juvederm Workshop: The secrets for lip Augmentation Q&A		Pegah Cedric Dehdari Sponsored by Allergan
11:00 - 11:45	Workshop 13	Company Sponsored	
11:00 - 11:45	360° Facial Rejuvenation: Treatment Synergies & Multiplication of results		Gabriel Ayala Sponsored by Kalium
12:00 - 14:00	Prayer & Lunch Break		
14:00 - 14:45	Workshop 14	Company Sponsored	
14:00 - 14:45	The art of buttocks reshaping with advance HA fillers		Piero Crabai Sponsored by Bioscience
16:00 - 18:00	Workshop 15	Company Sponsored	
16:00 - 18:00	Creating the Natural Look with RHA Range "Safe & pain-reduced injecting techniques"		Mark Posselt Sponsored by Aramed

Al Majlis Hall | Hall D

09:00 - 09:45	Workshop 16	Company Sponsored	
09:00 - 09:45	Redefining face contour with a novel anti-aging cosmetic product: an open-label, prospective clinical study (Age Reverse)		Jaime Piquero Casals Sponsored by ISDIN
09:45 - 10:45	Workshops 17 & 18		
Chairpersons: 09:45 - 10:15 10:15 - 10:45	Ammar Al Dhamin, Zuhair Al Fardan 8 point lifting technique Lip Rejuvenation		Medhat Abdel Malek
11:45 - 11:45	Workshop 19		
Chairperson: 11:00 - 11:45	Faiza Al Ali, Reem El Bahtimi Non surgical threads face lift; results and complications / Q&A		Malda Al Daoudi
12:00 - 14:00	Friday Prayer & Lunch Break		
14:00 - 14:45	Workshop 20	Company Sponsored	
14:00 - 14:45	Effective Mesotherapy Formula to Stimulate the Capillary Density & Advanced Peeling Solution - New Science of Skin Cellular Regeneration		Dina del Socorro Moctezuma Villalobos Sponsored by MEDWAY
15:00 - 15:45	Workshop 21	Company Sponsored	
15:00 - 15:45	The art of buttocks reshaping with advanced HA fillers Q&A		Piero Crabai Sponsored by Bioscience
16:00 - 16:45	Workshop 22	Company Sponsored	
16:00 - 16:45	Can Platelet-Rich Plasma improve signs of photoageing and chronological ageing in the lower eyelid region visibly and measureable? Q&A		Hanno Pototschnig Sponsored by AMICO
17:00 - 17:45	Workshop 23		
Chairpersons: 17:00 - 17:45	Mona Yousif, Fatima Al Breiki Would you like to be the best doctor best practice and win more patients? Q&A		Mahran Ashour

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# Third Day - Conference

6<sup>th</sup> October, 2018 - Saturday

Hall A

## 08:40 - 10:10 Session 14

**Chairpersons:** Zuhair Al Fardan, Fatima Al Zahra, Oleksandr Litus, Evgeniya Shelemba

08:40 - 09:00	Hormonal profile of patients with melasma	Evgeniya Shelemba
09:00 - 09:20	Cases that link esthetics with musculoskeletal (MSK) diseases in terms of diagnosis and management	Khalid Al Naqbi
09:20 - 09:40	Psoriasis in Morocco: updated 2018	Fatima Al Zahra
09:40 - 10:00	Disaster Dermatology: Concept	Oleksandr Litus
10:00 - 10:10	Q&A	

## 10:10 - 10:25 Coffee Break

## 10:25 - 13:05 Session 15

**Chairpersons:** Federico W. Von Son, Abdulmajeed Al Ajlan, May El Samahy, Asraf Bhadawi

10:25 - 10:45	Common Presentations for uncommon Skin tumors	Zaidoon Abdel Hadi
10:45 - 11:05	Updates on hidradenitis suppuritiva	Abdulmajeed Al Ajlan
11:05 - 11:25	Skin aging: Genetics leads the way	Federico W. Von Son
11:25 - 11:45	The missing link in treating acne vulgaris	Ashraf Badawi
11:45 - 12:05	Combining CO2 ultra-pulse and subsequent sessions of microneedling: a novel technique for superficial to medium depth post acne scarring	Ibrahim Al Aradi
12:05 - 12:25	Effect of topical application of nanoretinol on mild to moderate acne vulgaris	May El Samahy
12:25 - 12:45	Psoriasis outside the box, real life cases	Mariam Baqi
12:45 - 13:05	Cutting edge in psoriasis treatment	Medhat Abdel Malek

## 13:05 - 14:00 Lunch Break

## 14:00 - 15:30 Session 16

**Chairpersons:** Sami Al Suwaidan, Amin Mohamed Amer, Khaled Turki, Abdullah Al Khalifah

14:00 - 14:20	How to optimize laser hair removal	Khaled Turki
14:20 - 14:40	New hair therapies	Abdullah Al Khalifah
14:40 - 15:00	Botox for hair	Amin Mohamed Amer
15:00 - 15:20	Nutritional supplements and hair loss	Abdullah Al Khalifah
15:20 - 15:30	Q&A	

## 15:30 - 15:45 Coffee Break

## 15:45 - 18:00 Session 17

**Chairpersons:** Ali Single, Maryam Al Obad, Fatma Mostafa, Mohamed Abozeid

15:45 - 16:05	Skin changes in menopause management & updates	Fatma Mostafa Shaban
16:05 - 16:25	Combination treatments for atrophic acne scars	Maria Angelo-Khattar
16:25 - 16:45	Roller needle positive effect on refractory acne	Shi-Jie Yin
16:45 - 17:05	New trend in hand rejuvenation with highlighting the role of plasma biofiller in rejuvenation and as filler	Nancy Labib
17:05 - 17:25	Candida antigen injection for warts	Amin Mohamed Amer
17:25 - 17:45	Toxin injections in Vaginismus	Mohamed Abozeid
17:45 - 18:00	Q&A	



# Third Day - Conference

6<sup>th</sup> October, 2018 - Saturday

Hall B

## 09:00 - 10:00 Session 18

**Chairpersons:** Yasir Shaikh, Mohamed Abozeid, Abdullah Al Eisa

09:00 - 09:20 New to skin care in the Middle East **Mohamed H. Abouhadeed**

09:20 - 09:40 Facial Aging & Rejuvenation **Elham Sattari**

09:40 - 10:00 20 years of experience botulinum toxin **Abdullah Al Eisa**

## 10:00 - 10:10 Coffee Break

## 10:10 - 12:10 Industry Symposiums

10:10 - 10:40 Non-surgical face and neck lifting using Aptos thread **Shadan Nadji**  
Sponsored by MEDICA Group

10:40 - 11:10 Laser hair removal with a new in motion contact Alexandrite technology **Nicola Zerbinati**  
Sponsored by Aramed

11:10 - 12:10 The Gold Standard for Laser Hair Removal – Alma Lasers Soprano Platinum (Power of Three Wavelengths) **Pablo Naranjo Garcia**  
Sponsored by Kalium

Q&A  
12:10 - 12:40 HALO Revolutionary Hybrid Fractional Laser **Adnan Al Khatib**  
Sponsored by Amico

12:40 - 13:10 Compounded Medicines for Dermatology **Hassan Tayyim**  
Sponsored by Aramed

## 13:10 - 14:00 Lunch Break

## 14:00 - 17:50 Session 19: Laser Course

**Chairpersons:** Naif Al Nomair, Ashraf Badawi

14:00 - 15:00 Applied laser physics and laser tissue interaction **Ashraf Badawi**

15:00 - 15:30 Role of Lasers in Rejuvenation **Ashraf Badawi**

15:30 - 16:00 Practical Laser Safety **Ashraf Badawi**

16:00 - 16:45 Video session (Laser applications end points) **Ashraf Badawi**

16:45 - 17:05 Laser Treatments of Vascular Lesions **Naif Al Nomair**

17:05 - 17:20 Laser treatment of pigmented lesions and tattoos **Naif Al Nomair**

17:20 - 17:35 Laser Assisted Hair Reduction Updates **Naif Al Nomair**

17:35 - 17:50 Q&A **Naif Al Nomair**

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# Third Day - Workshops

6<sup>th</sup> October, 2018 - Saturday

Al Amwaj Hall | Hall C

11:00 - 11:45	Workshop 24	Company Sponsored	
11:00 - 11:45	Total Facial Contouring Using Polycaprolactone Bio-stimulant Fillers & PDO Threads Q&A		<b>Maria Angelo-Khattar</b> Sponsored by Kalium
12:00 - 12:45	Workshop 25	Company Sponsored	
12:00 - 12:45	1927 Thullium LaseMD, A New Frontier in Skin and Vaginal Lightening Q&A		<b>Farhan Taghizade</b> Sponsored by Lutronic
13:00 - 14:00	Lunch Break		
14:00 - 15:45	Workshop 26	Company Sponsored	
14:00 - 15:00	1927 Thullium LaseMD, A New Frontier in Skin and Vaginal Lightening		<b>Farhan Taghizade</b> Sponsored by Lutronic
15:00 - 15:45	Safe injection guidelines by American Academy of Anti-aging Medicine (A4M)		<b>Maria Angelo-Khattar</b> Sponsored by IMA

Al Majlis Hall | Hall D

09:00 - 09:45	Workshop 27		
Chairpersons:	Mariam Baqi, Alain Tenenbaum		
09:00 - 09:45	Utilization of social media in education and marketing Q&A		<b>Husain Juma</b>
10:00 - 10:45	Workshop 28	Company Sponsored	
10:00 - 10:45	MicroPlasma Skin Resurfacing – Alma Lasers Accent Prime Q&A		<b>Pablo Naranjo Garcia</b> Sponsored by Kalium
11:00 - 11:45	Workshop 29		
Chairpersons:	Ali Single, Hussain Juma		
11:00 - 11:45	Importance to be in a specialized well done cosmetic medical directory to improve your SEO and social medias Q&A		<b>Alain Tenenbaum</b>
12:00 - 12:45	Workshop 30		
Chairperson:	Namir Shehada		
12:00 - 12:45	Immediate 30 Min Swiss Peel Off for any skin type in any season		<b>Alain Tenenbaum</b>
13:00 - 14:00	Lunch Break		
14:00 - 15:45	Workshop 31	Company Sponsored	
14:00 - 15:45	Laser hair removal with a new in motion contact Alexandrite technology workshop Q&A		<b>Nicola Zerbinati</b> Sponsored by Aramed

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